



MUSTANGH
FOUNDATION

Annual report

2018 - 2019

In 2004 two Maastricht students with an international mindset and a strong interest in international aid examined the feasibility of setting up a cooperative scheme with a Ghanaian hospital. These students were Gaël Pennings and Noëmi Nijsten, the founders of the MUSTANGH Foundation:

Maastricht University Students Twinning A North Ghanaian Hospital.

MUSTANGH's mission is to create a situation in which both parties gain: Maastricht medical students go to West Gonja District Hospital for 18 week electives and internships and MUSTANGH gives structural and sustainable assistance to the hospital for the improvement of staff training and the purchase of equipment. In this way we aim to make a lasting contribution to health care in Ghana. The key words are therefore:

“EDUCATION and SUPPORT”

You can find more information about our vision, mission and goals in our policy. This annual report will give an overview of our achieved goals and happenings throughout this year.

Besides that we give feedback to the most recent policy.

Contents

List of abbreviations	6
What is MUSTANGH?	7
History	7
Mission and Vision	7
Organisation	8
Situation in Ghana	9
Ghana	9
Damongo and the West Gonja Hospital	9
Students	10
Health issues	10
Communication	11
Achievements	12
Board	12
Professional appearance	12
Internationalisation	12
Continuity	12
Transparency	12
Sustainability	12
Council of Advice	12
Committees	14
President	17
Contact persons and communication	17
Trip to Ghana 2018-2019	17
Ghanaian bank account	20
MUSTANGH house	20
Employees in Ghana	21
Sponsor projects	22
Long-term vision sponsorprojects	25
Vice-president	26

Policy	26
Annual report	26
ANBI status	26
Year schedule	26
Treasurer	27
Booking year	27
Expenses	27
Revenues	28
Financial situation over time	28
Secretary	32
Website	32
Social media	32
Agenda and Calendar	32
Email	32
Documentation	32
GDPR	32
Education	33
Transition period	33
GEZP and internship of choice in general	33
Promoting GEZP and internship of choice	35
WESP and other internships	36
Leeuwenborgh College	36
Update for the board	37
Public Relations	38
Internationalization	38
Collaboration with other associations	38
Africa week	39
Other activities	41
Promotion	42
Acquisition	43
Well prepared sponsor recruitment	43

Sponsorship projects for gynaecologists	43
Sponsor project Anaesthesiologist	44
Internationalization	44
Different types of activities	45
Maastrichts Mooiste	45
Maastricht University	46
Permanent Friends	46
Medical equipment	47
Protocol after sponsorship	47
Sponsorship overview	47
Contact rotary	47
Christmas letter	47
Pitch training by Thijs Geraedts	48
Organisation members 2018-2019	49
Colofon	50

List of abbreviations

ANBI status	Algemeen Nut Beogende Instelling Status / Public benefit organisation
EPASS	Electronic Portfolio and assessment support system. Assessment file in which medical students from Maastricht University receive their assessment during the GEZP internship and elective internship.
FHML	Faculty of Health, Medicine and Life Sciences
GEZP	Participation in health care internship. Eighteen-week semi-doctor internship for sixth-year medical students.
IFMSA	International federation of medical students' associations Maastricht
MSV Pulse	Medical study association of Maastricht University
OI	Onderwijsinstituut / Educational Institute
PR	Public Relations
RvA	Raad van Advies / Advisory Council
UDS	University of Development Studies
UM	Maastricht University
WESP	Science Participation. Eighteen-week research internship for medical students.
WGH	West Gonja Hospital
ALV	Algemene Leden Vergadering / General Members Assembly
BMS	Biomedical Sciences
FHML	Faculty of Health, Medicine and Life Sciences
GEZP	Clinical internship of 18 weeks for students in their 6th year medical training
WGH	West Gonja Hospital
USD	University of Development Studies (in Tamale, Ghana)
UM	Maastricht University

What is MUSTANGH?

History

In 2004, Gaël Pennings and Noëmi Nijsten, two Maastricht students examined the feasibility of a twinning project to promote cooperation between Maastricht University and a Ghanaian rural hospital. On one side the West Gonja District Hospital (WGH) in the Northern Region of Ghana was in urgent need of financial and material support. On the other side the hospital offered a good learning environment for Maastricht medical students. There was considerable interest in the project in both Ghana and at the Maastricht Faculty of Medicine in the Netherlands which finally resulted in the MUSTANGH Foundation: Maastricht University Students Twinning A North Ghanaian Hospital.

During the years, MUSTANGH has developed itself as a vivid organisation which is firmly embedded in Maastricht University and the city of Maastricht.

Mission and Vision

MUSTANGH's mission is twofold: on one side it offers places for international electives to Maastricht medical students as a good learning environment and on the other side it provides structural assistance to the WGH and supports the efforts to reduce the brain drain from Northern Ghana by financial and material support.

International electives for medical students give these students an unforgettable experience of working in a completely different cultural setting. Apart from that, the presence of medical students can also be regarded as a form of development aid in this hospital with a scarcity of doctors.

MUSTANGH has started to improve the WGH infrastructure to support the hospital. In the past MUSTANGH supported the building and renovation of buildings, provision of medical supplies and equipment and better water supply. Eventually, this will make it possible for Ghanaian students of Tamale University of Development Studies (UDS) to go to the WGH for community based traineeships. This will increase the supply of manpower in the region. Since 2015 the main focus is on education by offering training opportunities to WGH staff and improving the facilities they need, in order to address the brain drain from Ghana and improve the healthcare in the West Gonja District. In this way we hope to support the hospital in a more sustainable way by offering knowledge instead of just plain equipment.

Our dream: "That one day MUSTANGH simply will be needless and one only has to strive for exchange of students".

Organisation

MUSTANGH is a non-profit organisation. It is governed by a board consisting of 7 students of Maastricht University that meets once every two weeks. Two separate committees are responsible for the acquisition (acquisition committee) and public relations (PR committee), both are being led by a member of the board. Individual members of these bodies are listed in the last section.

The Council of Advice meets annually together with the board, and the experts are consulted by the board on a variety of matters.

The education programme for medical students is run in accordance with normal procedures of and in cooperation with the Maastricht Faculty of Health, Medicine and Life Sciences (FHML). Next to that, MUSTANGH provides clinical electives to medical students in the last years of their Master of Medicine and provides the possibility to do research in the West Gonja Hospital to students of Medicine and Health Sciences. The department of General Practice is responsible for the supervision of the students.

MUSTANGH receives financial support from the FHML for two board members to visit Ghana once a year to for renewing agreements and sharing ideas. These partnerships show that MUSTANGH is independent but at the same time firmly embedded within Maastricht University. In the past years, MUSTANGH has collaborated with Leeuwenborgh College. Unfortunately has this collaboration ended because of financial restrictions of the Leeuwenborgh College.

Situation in Ghana

Ghana

Ghana is one of the more stable sub-Saharan countries and knows a democratic system since 1992. Its capital is Accra.

A history of colonization and slave trade marks the country. The southern regions of Ghana are much more developed than northern regions. This is because of its wet climate contrary to the drought in the north. The southern border is adjacent to the sea which facilitates trade and makes it a wealthier region. Compared to other regions, the relatively sparsely populated Northern Region is underserved with regard to many basic facilities, and health care is deficient.

These problems are primarily linked to the brain drain, the leaking away of knowledge: highly trained persons move away to southern regions and overseas, in search of better working conditions. This problem has met with national and international recognition and it has been translated into national policies aimed at stemming the brain drain, as is evidenced by government support for projects in the Northern Region of Ghana. This brain drain is also noticeable in the health sector. The harsh living conditions, due to poor infrastructure (roads) and the dry climate are a reason for many doctors to decide not to work in this region.



Damongo and the West Gonja Hospital

The West Gonja District Hospital (WGH) is in Damongo, the capital of West Gonja District in the Northern Region of Ghana. The administrative capital of the Northern Region is Tamale and here is the University for Developmental Studies located. Some 125,000 people who are living in an area that roughly covers two fifths of the Netherlands are dependent on WGH for their medical care. The hospital was established by a farming company (Worker's Brigade) as a clinic to provide the basic health needs of its employees and dependants. In 1954, the Catholic Church took over the leadership of the hospital. Despite the hospital being Catholic, it serves everyone, no matter which religion. The hospital has 4 wards: the male, female, paediatric and maternity ward. There is an outpatient clinic, an accident and emergency department, X-ray and ultrasound facilities, a public health unit, a theatre and a small laboratory. With less than 10 doctors (3 at the moment of writing), about 30 nurses and 100 supporting personnel, the hospital is facing staff shortages, as there are no specialized doctors in the hospital. However two doctors of the hospital are currently sponsored by MUSTANGH and are specialising in gynaecology, a highly needed skill in this region. Although the rather poor conditioned buildings and medical equipment have improved over time, more improvement is needed to ensure the quality of the healthcare.

Students

WGH offers sufficient diversity and capacity to deliver an effective education programme to two visiting GEZP students at a time, with the possibility to add elective, nursing or research students up to a total of four students. Students can choose to execute their GEZP (Health Care Elective) internship in the last year of their medical degree in Ghana and this internship takes 18 weeks. It's also possible to do an 8 or 10 week elective during the final year of the medical study, as only in their last year medical students have gained enough knowledge to cope with the responsibility needed for the internship and to be of any benefit for the hospital.

Hospital staff is prepared and able to offer appropriate supervision and the local patient population has an open attitude towards both male and female foreign (semi)doctors. Damongo offers students a pleasant working environment during their stay. Telephone and internet access are available and there are recreational facilities in nearby Mole National Park. Students stay in a house that has been built specifically for this purpose and which is owned by MUSTANGH. There is a weekly market at half an hour walking distance where local Ghanaian food is available. According to the local customs, students have a cleaning lady and a night watch to ensure a pleasant and safe stay. Even with all these facilities, students reside in a typical rural northern village. The closest largest city Tamale is at 3 hours driving distance in the dry-season.

Safety is an important issue. The area around the hospital is considered as safe, but for larger travels outside, day-time travel is advised. The local police force in Damongo is sufficiently effective and there are good emergency and repatriation facilities.

Health issues

Malaria is the most prevalent disease seen in the hospital with more than 2000 cases annually. A variety of diseases, including tropical diseases can be seen in the hospital by the students. The students themselves are ofcourse also exposed to tropical diseases. For prevention of acquiring these illnesses, MUSTANGH and Maastricht University advise these students to visit a travel health clinic before their departure to Ghana for the necessary vaccinations and malaria prophylaxis.

Communication

Communication with Ghana about students, supervision, ongoing and new projects, the MUSTANGH house and finances, occurs via telephone and email with one employee of the hospital, who is currently Mr Remy Nyewie. He took over the duties of Sr. Seraphine around December 2014. All communication from the Netherlands is maintained by the president, in order to keep a clear organisation for all parties involved. Yearly, two board members visit Ghana (one of whom is always the president) to evaluate and discuss topics on spot.

Achievements

Board

Professional appearance

MUSTANGH is a professional organisation. Since 2016 the MUSTANGH website has a new layout, MUSTANGH has more professional clothing for the acquisition committee and the board and a more uniform lay-out has been used for all official documents. Since 2015 a policy weekend and performance appraisals have been established.

Internationalisation

MUSTANGH strives to become an international organisation with more international members. The first start has been made in the academic year 2017/2018, with 1 international committee member.

Continuity

Continuity within the board and with regard to organisational knowledge is ensured by appointing committee members to the board and by having an extensive protocol for each function as well as a general protocol. Board members are asked to join the board for more than one year. Recruitment and induction of new board members are organised to ensure enough time for new board members to become acquainted with MUSTANGH before the outgoing board members retire.

Last year we made a document with the general introduction of MUSTANGH, this was a nice first introduction to MUSTANGH for new members. Besides that, we also update the transfer documents of each function every year.

Transparency

With the Council of Advice to give expert advice on issues and with an external expert who controls our finances, MUSTANGH aims to be as transparent as possible. Annual reports and policy plans published on the website make our working plan accessible to a broader public.

Sustainability

By supporting the education of the WGH staff, MUSTANGH tries to offer help. In the past investments in equipment have proven to be less sustainable than education. That's why our main focus has shifted to investments in education of the staff of the hospital, instead of investments in equipment or buildings. Investments in education will last for many years and can also increase institutional knowledge.

Council of Advice

MUSTANGH board meets every year with a Council of Advice, consisting of specialists in different fields. During the year the board of advice can be consulted on various matters.

Council of Advice

- **E. Brouwer:** project manager SHE Collaborates and supervisor from External Relations Office for GEZP and elective-course.
- **G. Snijders:** former GEZP student; general practitioner.
- **R. Verspeek:** projectmanager university Maastricht, former director SBE, SSC and human resources.
- **T. Geradts:** former MUSTANGH board; Project Coordinator Maastricht Centre For Entrepreneurship
- **J. Kievits:** retired director of Development & Alumni Relations of the FHML faculty of Maastricht University.
- **M. Verhaegh:** former president of MUSTANGH board 2015/2016.
- **Augustine:** Ghanaian member of monastery community Broeders van Maastricht.
- **Wim Oomens:** financial advisor.

Committees

MUSTANGH Foundation has two committees: the PR-committee and the Acquisition committee. De PR-committee is focused on enlarging the acknowledgement of MUSTANGH within the University and out. The Acquisition committee focuses on recruiting sponsors (including the contact with companies, rotaries, associations and other sponsors concerning subsidies and support for sponsorprojects).

Both the PR committee and the Acquisition committee started off with a few members. These were former members of MUSTANGH and people recruited by the committee walk-in day before the summer holiday of 2018. After the summer holidays there weren't enough members to fill both committees so two more walk-in days were organised. Promotion for this was done via a Facebook event and lecture talks. In the end, both committees had enough members.

Interviews for the new members were held with both the PR-commissioner and the Acquisition commissioner attending. In this way they both had a good view on who they thought was more suitable for what committee. This was a pleasant way of working.

This year, the committee members also felt responsible for achieving the goals of MUSTANGH. As a result, the members often took initiative and often came up with creative ideas to support a project. Because the aim was to achieve one ultimate goal together, all members were really enthusiastic throughout the year.

In the past, the board, the PR committee and the Acquisition committee worked quite independently of each other. For the commissioners, managing and maintaining enthusiasm among the members and also staying critical was often experienced as difficult to combine. Evaluations proved to be the right tool for thinking about points for improvement within the committees. That's why we did evaluation conversations again this year. The members appreciated this. The committees have tried to integrate more with the board. The semi-annual "general members meeting" certainly helped with this.

To keep the committees informed about our current projects and other developments in Ghana, a short 'Ghana-update' was given during each committee meeting. This is definitely recommended for next year, as the committees will stay informed of the progress that is made in Ghana and the committees will better understand what tasks the board performs. Within the committees it was noticeable that there was an enthusiastic response to the facts from Ghana. It also helps to provide a base to talk with board members about MUSTANGH.

The other way around, the commissioners also informed the board about how things went in the committee at every meeting. This helped the board to understand better what the committees were doing, and it became easier to come up with ideas and help the committee with problems. This should certainly remain a consistent agenda item for both commissioners next year.

As the committees in previous years were kept relatively unaware of each other's activities, this year we chose to organize a semi-annual 'general members meeting' where the board and both committees presented their achieved and future goals. In addition, a presentation was given about the Ghana trip, with many photos. The committee members were very enthusiastic about this. The meeting has certainly encouraged integration between the board and both committees. This ensured more understanding towards each other. It is certainly recommended to organise another semi-annual 'general members meeting' next year. A point for improvement would be that the committees present their goals even more specifically and show their achieved and future projects.

Regarding integration, a Crazy 88 was organised immediately at the start of the year when the two committees were complete. A lot of members participated. During the year there were various activities where both committees tried to be present as much as possible. Because of this enthusiasm and the striving for being present, the members from the different committees had more contact with each other. This was beneficial for the bonding.

A group app was created immediately at the beginning of the year with all members of MUSTANGH in it, this was good for the general communication and certainly helped with the bonding. It would be good if this chat will be used a bit more next year, for example by sending a message for each activity, and also using this chat for sharing photos of activities of the board and committees. It could also be used, for example, to send messages when it is one of the members' birthday. We therefore recommend the new board to create such a chat again and to use it more intensively.

In addition, this year both the president and vice-president planned to attend a PR and acquisition meeting. This was only done at the PR committee. This is very unfortunate, because it is certainly good for integration and also good to see what the committees exactly do during a meeting. This offers the commissioner of the committee the opportunity to receive tips about the meeting from a different perspective. We therefore recommend doing it again next year, preferably in both committees.

The acquisition committee got an explanation about how to write a good sponsor letter, in order to keep the quality of the letters high.

After the board was complete, many of our committee members wanted to continue next year, which of course is very nice for the overall continuity. There also was a committee recruitment before the summer holidays already, hoping to attract some new members. We do this in the form of Facebook promotion and a walk-in day, where we also try to involve many international studies. Because the time was short, unfortunately no more lecture talks were done. The walk-in days were well attended.

President

Contact persons and communication

During the past board year, the communication with Ghana went smoothly and effectively. Mr. Remy is the main contact person for MUSTANGH and is the main administrator at the West Gonja Hospital (WGH). Mainly due to his multiple office jobs, Mr. Remy regularly was incredibly busy, but despite that, he responded quickly to almost all of our emails. The contact with Mr. Remy had its highs and lows. Sometimes, beyond expectations, an answer was quickly received from Ghana, other times we had to wait a long time for an answer to a question or to receive a document. For example, it took a year before we received a signature from the bishop for the contract between the West Gonja Hospital and Maastricht University. In such a situation it can be very difficult to get people in Ghana to do what you want all the way from the Netherlands, especially if it costs them relatively much effort and the situation does not demand any hurry. Therefore, the opinion of the board is that the situation could not have been resolved very differently from what now has been done. It happens every year that a certain answer or document takes a long time. You simply have to deal with people in a different culture who are also extremely busy and are harder to reach each year due to increasing internet problems, a broken cell phone or something similar. The only thing left to do in such a situation is to ask Mr Remy if he can steer the situation and to explain to him why this is of such great importance.

The president made sure that all important documents and information were shared via e-mail so that each member of the board could easily find everything that was of importance and that there were no miscommunications. WhatsApp was mainly used as an extra tool to inform each other about e-mails and to ask short questions.

The encounters we had during the Ghana trip also helped to smoothen our communication with our contacts in Ghana. It was really nice to meet our Ghanaian contacts and get to know them. In addition, I noticed that after our visit the contact via WhatsApp has taken place even more frequently. Especially the communication with Dr. Vitalis, who was sponsored by MUSTANGH in the past, was much smoother and more frequent after we met him, as he indicated that he wanted to maintain more contact with MUSTANGH even though his sponsoring project had been completed.

In order to keep all MUSTANGH board members well informed of current communication, "update on communication with Ghana" is a fixed item from the president on the board agenda. In addition, a large group chat has been created on Whatsapp with all members of MUSTANGH (board and two committees), in which the president regularly posted updates regarding communication with Ghanaian contacts and developments within the sponsorprojects. I have received positive feedback from board and committee members about sharing updates and I advise the future president to continue this communication.

Trip to Ghana 2018-2019

Last December 2018 and January 2019, Fauve van Veen (president) and Maud Cox (treasurer) travelled to the West Gonja Hospital in Damongo, Ghana. Fortunately, the outward and return journey went well and no flights were delayed or cancelled.

First we met the former head of the WGH, Dr. Nelson at his office. He was very nice and grateful. We were surprised by the news of Dr. Nelson, namely that within a few days he would head towards Accra (the capital of Ghana located in the south) to follow a three-year specialisation in surgery. Dr. Bernard (one of the doctors working at the WGH) will temporarily take over his position as head. After a long conversation, Dr. Nelson gave us an extensive tour through the hospital. The WGH is much larger than we expected. Moreover, we discovered that they have started building a new neonatal intensive care unit (NICU). Dr. Nelson asked us if MUSTANGH can play a role in the financing and construction of this NICU, but we immediately rejected his request. The reasons for this is that we want to keep our focus on sponsoring education-related projects and simply do not have the manpower and time to oversee a construction project. The assessment of students by Dr. Nelson seems to be running smoothly, despite Dr. Nelson being very busy. Since Dr. Nelson will be specializing for three years, a new e-pass account was created for Dr. Bernard. The quality of our students' assessments is very important and should be guaranteed, and therefore every Ghanaian trip with both the current WGH head and the students who are currently in the MUSTANGH house, the way of evaluation must be discussed.

Following, we sat down with Dr. Vitalis (completed sponsorproject: education in medicine) at the WGH. He is a very cordial man who talks to us about very serious matters, such as the shortage of doctors in the WGH and the accommodation problem, but certainly was also in for a joke. He told us about his ambition to specialise as an orthopaedic surgeon in the future. He would even be willing to study in the Netherlands (see also "St. John of God Hospital" under acquisition). Moreover, we witnessed Dr. Vitalis at work as a surgeon and were allowed to see two caesarean sections.

The next day we met Tabi Emmanuel (current sponsorproject: anaesthesiologist). He was very kind and grateful for MUSTANGH. Moreover, he enthusiastically talked about his studies and was very happy with the presents we brought for him from the Netherlands.

To discuss financial matters and accounting, we met with Sr. Seraphine, senior accountant of the WGH. We originally had an appointment with Mr. Francis, another accountant from the hospital, but during our trip from Tamale to Damongo we already met Sr. Seraphine. Together with Mr. Francis she does the financial administration of the hospital. It was very nice that Sr. Seraphine took extensive time to go through all the documents with us and explain its details. After the Ghana trip, Mr. Francis was easily accessible for further questions, better than Sr. Seraphine because of her moderate reach. It is therefore recommended to involve Mr. Francis in MUSTANGH's finances in the future. More about the substantive issues concerning accounting, see the treasurer's chapter in this annual report.

We also met Iddrisu Abubakari, a Ghanaian who had already approached MUSTANGH before the Ghana trip via our e-mail. Iddrisu comes from a poor family and his father has just passed away. His native village and current residence is Larabanga. At one point he met the Dutch couple Wilma and Johan Mierop, who support him financially to this day. Iddrisu wondered if MUSTANGH could finance an education for him so that he could start working at the WGH. As a foundation we certainly had the intention to help Iddrisu, but in the end we decided not to

sponsor him for the following reasons. Iddrisu is not yet a WGH employee. Until now, MUSTANGH has always sponsored projects from employees of the WGH as we had 100% guarantee that the employee will return to work in the hospital after following the training due to a bond form with the WGH of at least five years. By sponsoring an education for Iddrisu, we were therefore not sure whether he would be placed in the WGH by the government. Moreover, we later discovered that Iddrisu had not yet fully graduated as a nurse. MUSTANGH would then have to sponsor 4 to 5 academic years for him, while our current and completed sponsor projects involve an average of 2 to 3 academic years. It was unsure how MUSTANGH was going to achieve the financial power that was needed, since in this case we could not give companies and other donors the full guarantee that their donated money would go to the WGH. Since we did not want to completely reject Iddrisu, we thought about other options for raising money for his studies. Together with Johan Mierop we came up with the idea of starting a crowdfunding campaign on Facebook. Iddrisu had shared his personal story in such a crowdfunding campaign and many members of MUSTANGH shared the donation link on Facebook so that it could reach a large audience. The required money has not fully been collected yet, but hopefully his goal can be achieved within the near future.

In the future it is important to properly analyse such requests from outside the WGH for sponsoring a course. This can be done by asking the following questions: does the WGH benefit from it? Is it a WGH employee? How many academic years are involved? The most effective thing you can do is to consult with Mr. Remy and the WGH management team about such matters.

We then spoke to Francis Tierenye (sponsor project: physician assistant) who had just completed his training. He is working at the WGH and he really enjoys his new position as a physician assistant.

Fortunately, we were able to make an appointment with Mr. Remy, since he was not in Damongo because of his uncle who was seriously ill and who had passed away as a result of his disease. Mr. Remy had especially travelled to the hospital for our conversation, which we really appreciated. We extensively spoke with Mr. Remy for an entire afternoon so that all our action points were arranged and all our questions had been asked.

During the conversations with Mr. Remy and Dr. Nelson we talked about possible new sponsor projects. They did not have a specific project in mind yet, but preferred us to sponsor a nurse. After all, it is not possible to sponsor more and more doctors' specialisations, since those doctors then have to leave the hospital in Damongo for a certain number of years and that is not conducive to the shortage of doctors in the WGH. In addition, we heard that many specialist nurses are still needed because their level of knowledge is much higher than that of normal nurses and they can also work much more independently.

Unfortunately, we were not able to meet with the gynaecologists in training: Dr. Jonathan and Dr. Anthony, as they had to go back to the hospital in Accra due to an emergency call. Via e-mail and Whatsapp the president had contact with both Dr. Jonathan and Dr. Anthony. Dr. Anthony often responded more quickly to messages compared to Dr. Jonathan.

During our stay at the MUSTANGH house we met Madam Mary (the housekeeper), Kassim (the night watch) and two medicine students, Lotte and Fleur. The former MUSTANGH logo on the house was completely erased. We found this very unfortunate and therefore decided to repaint the logo. After getting the required paint and other materials in Damongo, we started painting. We quickly attracted a lot of attention and received a lot of help from all kinds of children from the village. The end result was not perfect, but beautiful anyway and everyone was proud of it.

In addition, during this Ghanaian trip we attempted to make a number of videos of what MUSTANGH does, of our sponsor projects and the environment. Upon returning, however, it turned out that the footage of some videos we made was not very good, partly due to the lack of professional film equipment. We hope to be able to use small parts of these recordings in the official video, if necessary with voice-over or subtitles. There is also contact with a lady who voluntarily makes movies about charities working in Africa and who would also visit Ghana to film on the spot. We are currently on the waiting list for this.

Thanks to all of the conversations during our Ghana trip, we have gained more insight into the current situation in the WGH. Moreover, we evaluated the current communication and areas for improvement during all discussions. It was very nice to receive very positive feedback about the contact and few points for improvement. We were pleasantly surprised how interested and communicative the Ghanaians are, for example, we were regularly called and contacted by contact persons about our stay, and we felt very welcome in the village. For more details about these conversations we refer to the individual interview reports that were made for each conversation. Subsequently, new plans were made and actions were taken which will be further discussed in the following chapters.

Ghanaian bank account

Last board year, there were no problems with regard to our Ghanaian bank account. This year, as in previous years, twice a sum was transferred by the treasurer to the Ghanaian account, for which the chairman mailed a table to the WGH stating what this money was intended for. It has proved to be important not only to communicate to the hospital when money is transferred for a specific sponsor project, but also directly to the sponsored person. This can easily be done via WhatsApp or Facebook, as long as it has been said and a response has been received. Keeping in touch about these payments is generally easier said than done because the Ghanaian people we sponsor are very prudish and modest and therefore usually don't like asking for more money. But by maintaining good and regular contact with these people and also by asking yourself, you can prevent unpleasant situations in the future.

MUSTANGH house

No major renovations of the MUSTANGH house took place this year because it already happened two years ago. Leakages were then fixed in the ceiling, rotting beams in the bathrooms were replaced and parts of the house were repainted.

Despite this major renovation, there were still some small jobs done this year in and around the house. For example, it has been ensured that all the bedrooms' doors in the house can be

locked and students have bought some things that needed replacement, such as a kettles, pots and pans and brightly coloured cloths for the somewhat outdated sofas. Moreover, it was indicated that the mattresses were due for replacement, but the president and the treasurer did not encounter any problems with the mattresses this year. It is necessary to look at this again next year.

Employees in Ghana

A major change took place in the staff of the MUSTANGH house last year. The ex-housekeeper Jane is no longer working at the MUSTANGH house. An incident has happened with Jane last year. For more details about this, I refer to a report that is on our Dropbox. In the meanwhile, a new housekeeper is working at the MUSTANGH house, named Madam Mary. Clear agreements have been made with Madam Mary together with Mr. Remy and students in the so-called 'Do's and Dont's' list. In this list, the duties of Mary are summed up and also rules like she is not permitted to go into the rooms of the students to clean, but that the students are responsible for this themselves.

As MUSTANGH cannot be an official employer of Madam Mary and Kassim, an agreement has been signed in the past between the WGH and MUSTANGH, which states that MUSTANGH remains responsible for the salaries and possibly other expenses for both Mary and Kassim, but that Mary and Kassim formally are part of the WGH staff. MUSTANGH would then only be an indirect employer and the hospital the direct employer. The agreement states that Mary and Kassim must be paid in accordance with the minimum wage in Ghana, which was previously not the case. Please note that the minimum wage must be checked every year at the hospital. You cannot look this up yourself because the amount depends on all sorts of factors, such as your age and how long you have been employed.

Kassim is still the night watch of the MUSTANGH house and students are still very satisfied with him. Partly for that reason and because Kassim asked for it, since other hospital guards receive a much higher salary, it was decided to increase Kassim's salary considerably. His new signed contract now states that Kassim must receive 1.5 times the minimum wage for each month instead of 1 time. By tackling this in this way, we do not have to have him sign a new contract with every increase in the minimum wage. It is important to pay close attention to this, since we found out in Ghana that this increase is often forgotten to actually be given to Kassim. This is now settled.

It has also been decided to arrange a Christmas present or bonus for Mary and Kassim in the future. In the past years Kassim told the board members how disappointed he was that, when he went to the hospital around Christmas like every year, just like all the other employees of the WGH, he found out that there was no Christmas gift for him. Mary and Kassim are officially registered in the hospital, but are paid by MUSTANGH, because the hospital's budget is small, this can lead to them not receiving a package from the hospital. This can vary per year, so it is important that they at least get a small gift on behalf of MUSTANGH. During last Ghana trip, Mary and Kassim were happy with and grateful for the gifts we gave them.

Sponsor projects

At this moment, there are several running sponsorprojects. Down below, an overview is presented with sponsorprojects from the past, current sponsorprojects and future sponsorprojects.

Training Awini & Moses Akor

In 2014-2015 an ultrasound and an ultrasound-training for Mr. Awini and Moses Akor have been sponsored. However, these trainings have not been given yet. The ultrasound has already been extensively used. It is important to continue to look for the possibility of following this training, because the doctors are not trained to derive everything that is possible with the device. However, this is very difficult because the hospital itself, even after this long time, does not really realise how important the training is. Yet this is something to reconsider every year.

Incubators

An incubator was sponsored in 2016. It was also agreed to arrange a training for the staff together with the purchase of the incubator, which at least contains an explanation of the use and maintenance of the purchased incubator. The incubator has been purchased, but it is unfortunately still not used at all. Every time this is requested at the hospital, the answer is that there is not enough room for this incubator and that the hospital still has building plans ready for a neonatal intensive care unit. Each year the new vision of MUSTANGH is explained, whereby we will no longer sponsor construction projects. This is a shame because the hospital itself indicated at that time that sponsoring one incubator would be incredibly good for the hospital. So, this is a good example of why it is much more sustainable to focus sponsorprojects more on education from now on. Now, it does not seem possible for the hospital to use the incubator, unless the hospital will be expanded (by others or the hospital itself) in a few years' time. It is therefore important to include this example when deciding on future projects.

Education of Dr. Vitalis

Dr. Vitalis, a nurse practitioner who already worked at the WGH and whose medical training has been financed by MUSTANGH, has been back in Damongo since November 2017 and is working at the WGH. Dr. Vitalis will be affiliated with the WGH for at least 5 years. In principle, this project is therefore completed for MUSTANGH, although Dr. Vitalis still has a current loan with MUSTANGH that he still has to pay back. This is because after his studies, Dr. Vitalis fell into a kind of "gap" because he started his work at the WGH, but was not yet paid for it, while he also no longer received internship compensation because he finished his education. Dr. Vitalis told us that he needed 10,000 Ghanaian Cedis (around 1.900 euros) to repay a loan he needed to get his children to go to school, and to pay for his registration with a new dentist and doctor. A previous board had decided that Dr. Vitalis could borrow 10,000 Ghanaian Cedis from MUSTANGH. There is a contract for this which has been signed by Dr. Vitalis and a previous president, after which the money was transferred to him. It was also emphasized that it is not important to receive this money back as quickly as possible, and that it is extremely important that Dr. Vitalis informs us before he will transfer this money back. MUSTANGH does not need the money urgently at the moment and it would be a shame if Dr.

Vitalis will transfer the money in terms because every time an amount is transferred from Ghana to the Netherlands or vice versa, a certain part of the amount is lost. That is why it is better to transfer the amount back later but in one go. It is therefore important that the future board(s) ensures that this loan is repaid.

Education of Miss Julie and Francis Tierenye

Julie is a nurse who has successfully graduated from her paediatric nursing course. She started this in September 2015 and the training had a duration of three years. After these 3 years, Julie will be connected to the WGH for 4 years. She has a contract with the WGH about this. The tuition fees for her education were sponsored by the Leeuwenborgh College.

Francis Tierenye followed the training for Physician Assistant in 2015-2016, which lasted 1 year. At the start of this academic year, MUSTANGH was asked to sponsor a top-up program for Francis, where he obtained a degree. It was then decided to sponsor this so that Francis could gain some more experience before he comes to work in the hospital. Francis has already passed all his exams and is successfully graduated as well. Francis has returned to Damongo, after which he will be connected to the WGH for 4 years, just like Julie.

Hospital car

The realization of a new car was not entirely in line with the new vision of the MUSTANGH Foundation. However, because it was an ongoing project, the board of 2015-2016 decided to complete this project. The new car was also of great importance for the WGH, because up until last year there was only one car that was used to pick up our students but also to get medicines and to transport patients. If problems with this only car were to occur, this would of course be problematic for the hospital. That is why in 2015-2016 all the money that was collected was reserved for the car project. Last academic year, the acquisition committee succeeded in concluding a sponsorship agreement with the Wilde Ganzen Foundation, whereby this foundation sponsored one third of the total amount for the car. After the total amount was collected, it took a long time before the car could actually be purchased. Firstly, because the previously selected pick-up in Ghana was no longer in stock, and later because quotations for the cars in Ghana are not valid for more than five days, so contact with Wilde Ganzen was not fast enough to decide about this. In the end it was decided to choose a comparable but cheaper pick-up, after it was personally recommended by the priest. Subsequently, due to the previous problems with our bank account, the actual purchase took a while, but the car was finally purchased in August 2017. The hospital was and still is very happy with this.

Education of Tabi Emmanuel

During the Ghanaian trip of 2016-2017, several members of the hospital's management team indicated that the WGH urgently needed an anaesthesiologist. That is why it was decided upon completion of the car project that this would be the next sponsor project.

The original plan would be that a friend of the hospital, Mr. Akpa Edem Yao, who would finish his three-year training in May 2017, would come to work at the hospital if we were to pay his school fees. This plan was approved because the hospital would soon have an

anaesthesiologist at her disposal, who would otherwise not work at the WGH. They also would not have to wait years for someone to start and finish the entire course.

Unfortunately, Mr. Akpa pulled back last minute. However, fortunately another acquaintance from the hospital was suggested who would very much like to start the same training, Tabi Emmanuel. It was then quickly decided to continue this sponsorproject, because Tabi Emmanuel could immediately start the training in September 2017, which will last a total of 3 years of which 2 years of lessons and 1 year of experience. The first and second year have already been sponsored (apart from his research and graduation costs) and there will be no costs for MUSTANGH in the last year.

So in conclusion, care should be taken with these type of projects in the future. Companies and organisations only sponsor projects that have not been started yet, because they assume that otherwise sponsoring is not necessary. It is therefore better to get the sponsorship in advance, before the sponsored person starts his/hers studies.

Education of Dr. Jonathan and Dr. Anthony

The WGH expressed the need to train two doctors as specialists in gynaecology. Immediately after expressing this wish, the acquisition committee managed to raise a fantastic €5.000 with the help of the Elisabeth Strouven Fund, which ensured that two doctors, Dr. Jonathan and Dr. Anthony, were able to start this three-year course in Accra. Not much later, €3.000 was sponsored by the Hofsteestichting, €4.500 by the Debman Foundation and €2.000 by WM de Hoop, which meant that all three study years of both doctors would be covered.

It is ofcourse important to bear in mind that sponsoring training courses usually involves multi-year projects. A good estimate must be made of whether MUSTANGH also has enough money to complete the projects.

The first bids and payments that MUSTANGH received were indeed covered by the money that had already been sponsored, but during the Ghana trip it turned out that the doctors both still had to make large payments for certain courses, books, and dispensations, etc. This is now also covered luckily.

World Day of the Sick

Last year it was decided to also contribute to World Day of the Sick. This is a national holiday in Ghana for sick people such as old or poor people. This holiday is celebrated for a whole week with all kinds of activities both around the hospital in Damongo and in the vicinity of five other health services. A few years ago, MUSTANGH was asked to contribute to this week (although sponsoring is mainly about the opening of the celebration), but the week was eventually cancelled due to insufficient budget. MUSTANGH was again asked two years ago to finance part of the required money and we were able to sponsor a large sum (3.500 GHs, paid from the proceeds of the Africa Week, this equals about 625 euros). Of course, it is said that the full amount is expected to be refunded if the week was cancelled. However, World Day of the Sick was successfully opened on 18 February 2018. The week full of activities had been postponed because of Mr. Remy's schedule.

This project is seen as separate from the other sponsorprojects. However, it is experienced as a rather difficult project, because with these types of projects you have less control over what your money is spent on. That is why this type of project is not recommended.

Education of Mr. Adams Zenge

At the end of this year, a new sponsorproject has been started, namely the sponsoring of the training to become an operating assistant for Mr. Adam's Zenge. The current board made this conscious choice since the WGH is in need of new operating assistants. Mr. Adams Zenge was already working as a staff nurse at the WGH in Damongo. He was born and raised in a small village called Ziemoupare. He is now 33 years old and comes from a family of seven children. He is married and has no children yet. His hobbies are 'watching TV news', football, swimming and reading. From January 2019 onwards, Mr. Adams Zenge started his training as an operating assistant in Korle-Bu Accra Ghana or Cape Coast University. His training lasts two years. When he finishes in January 2021, Mr. Adams Zenge will return to the WGH to work. He says he likes his education very much. His official documents from the first study year can be found on Dropbox. In the meantime we have actively started to raise funds for this training.

MamaWise

Last board year we discovered a new organization called MamaWise. MamaWise focuses on pregnant women in the north of Ghana, mainly in and around Tamale. The organisation offers women-friendly and accessible services with individual attention through practical group-training that provide women with knowledge and confidence. In addition, MamaWise offers baby baskets, a package with all kinds of supplies for a newborn baby. The organisation is committed to provide a good start to the mother and child and to prevent child and maternal mortality. MUSTANGH is enthusiastic about the goal and approach of MamaWise and would like to implement this concept in the WGH. There has been consultation about the concept of MamaWise with the WGH and the hospital is also interested in implementing this concept. The setting up of this sponsorproject is still ongoing and is expected to start next year.

Long-term vision sponsorprojects

MUSTANGH should primarily focus on arranging internships for Maastricht students and implementing sponsorprojects that are related to education. The WGH generally has very high expectations of MUSTANGH and has difficulties realizing that MUSTANGH Foundation is a small foundation that is completely managed and executed by students in their spare time. That is why, like previous administrations, we advise against subsidizing building projects and renovations to the hospital as has been done in the past. This costs a lot of money and time and is too difficult to coordinate and oversee from the Netherlands. Because of the high expectations of the WGH about both the available money from the foundation and what we can achieve per academic year, it is therefore very important to emphasize this vision again and again during the Ghana trip.

Vice-president

Policy

Just like the previous years, we had a policy weekend with the board, to discuss and brainstorm about the mission, vision and goals of MUSTANGH in 2018-2019. To maintain professionalism and uniformity, we decided to make a format for the policy and the annual report. We also evaluated the goals of the policy halfway through the year. This gave us an insight of the goals we achieved and we didn't achieve.

Annual report

To guarantee continuity within the board, it is important to maintain good documentation about the previous board years. Every year we write an annual report about the goals that were successfully achieved and the ones who weren't, and why not. For the transparency we publish this report on our website.

ANBI status

Also, this year we ensured that we met the conditions of an ANBI status.

Year schedule

There is a year schedule which states the most important events per function in the year to keep an eye on the long-term goals. This was made in the beginning of each year and adjusted according to the new policy. It gave us more guidance and it will be a help to future boards.

Treasurer

Booking year

This academic year MUSTANGH made a great loss in its total capital, €7.500,- to be exact. On the 31st of August 2019 the total capital of MUSTANGH Foundation was ~€39.500,-. The reason why we made a loss is because we had a lot of unexpected costs from the gynaecologists. We had to transfer the costs in September 2018 instead of July 2018, so these costs actually belonged to last academic year instead of this year. Apart from that we didn't receive any sponsoring this year and also the amount of donations was smaller than last year. Knowing this, it puts the loss into perspective. MUSTANGH is a non-profit organisation after all.

As always, €10.000,- of the total capital is reserved for emergencies. Next year we will start with a new sponsor project and we have to transfer some additional costs for the anaesthesiologist, this will approximately be €2.000,- all together. In conclusion, we plan on not spending as much money on our sponsor projects as this year (which was ~€12.000,-). This year the treasurer attended the annual trip to Ghana and this turned out to be a great moment to finally look into the financial documents properly. With the help of our financial advisor, we managed to puzzle our way through all the documents which created more transparency.

Expenses

Most of the costs made this year were within our budget. There were a few exceptions, which will be described shortly here. The costs of our sponsorproject were higher than expected, but this was because we were surprised with an high amount of extra costs for the gynaecologists. Also the costs for our Africaweek were higher than expected, but this was compensated by the profit that we made during that week.

The trip to Ghana by two of our board members costed ~€2350,-. This was still within our budget, that we receive from the University of Maastricht (see 'subsidy UM').

The following projects were sponsored by MUSTANGH during this board year:

- *Education of two gynaecologists*: we covered the total amount of costs for both gynaecologists. This will be ~€19.000,- in total. We did not think that the costs would be so high when we started this project, but during the first year of their education we heard that there were a lot of additional costs. Hopefully there will be no other additional costs.
- *Education of an anesthesiologist*: this year we could finalize the costs for this project with the donation of the University of Maastricht (see 'acquisition committee'). Up until now, the costs were ~€2.000,- in total. Also for this project there are some unexpected costs that we weren't aware of. We will have to pay ~€330,- for his graduation and ~€170,- for his research. So we still have to find sponsors for these costs.

- *Education of a per-operative nurse*: since we just started this project we will pay the first amount of money in September, when the treasurer will transfer the next transaction to Ghana. We just heard that the first year will cost around €1.500,-. This will be the main focus for seeking for sponsors by the acquisition committee next year.

Revenues

Below the most important revenues of MUSTANGH Foundation will be stated:

- *Rent MUSTANGH house*: the rent of the MUSTANGH house in Ghana was lowered to €25,- per week this year. With this price we can cover the salary of our maid, Mary, and guard, Kassim, and also the stuff that students buy for the MUSTANGH house, for example when something is broken. We also found out during the trip to Ghana that the fuel for picking up students at the airport is paid from the MUSTANGH account, so we will calculate this within the rent price in the future. Therefore the new rent will be €30,- per week next year. The total amount of rent this year was €3.860,-. This is again higher than expected but also this year there were a lot of students going to Ghana for an internship.
- *PR committee*: the PR committee raised ~€860,- during our annual Africaweek, which is an even higher amount than last year! During other smaller PR-activities they raised ~€230,-. The definite profit will be lower because we made relatively a lot of costs for all of the activities, especially during Africaweek, in comparison with last year. This was mainly due to the committee trying a new activity (cantus) which cost a lot of money in the end.
- *Acquisition committee*: the acquisition committee made great efforts this year but unfortunately they were unable to find any sponsors. Nevertheless, we received a few random donations throughout the year and we also received €888,- from the University of Maastricht because they choose MUSTANGH as 'good cause' to which employees of the UM could donate their Christmas gift money. The committee again tried to form a group of runners for Maastrichts Mooiste, whom in total raised €57,50.
- *Friends of MUSTANGH*: this year one new friend applied and no original friends quit, so we are very pleased with this result. This means that we gain €102,50 per month from our friends. The goal to recrute new friends remains for next year.
- *Subsidy UM*: we again received our annual subsidy from the University of Maastricht of €3.000,-, from which €2.500,- is for the costs of the trip to Ghana by two of our board members and €500,- for gas- and electricity costs of the MUSTANGH house. An important note here is that we had to explain very carefully to our contactperson from UM why we needed this subsidy, because we estimated a lot of profit this year. This is why we advice the next board to estimate no profits so that we won't create any confusion anymore in the future.

Financial situation over time

As can be seen in table 2, expenditure and revenues change largely over time. This can be explained by a great variety in donations. During the first few years of MUSTANGH, the foundation received large donations from various sources, amongst Maastricht University, but also sponsors such as the Rotary club, and other single sponsors. At this point, the Foundation decided to renovate several buildings at the WGH. In 2008 the Foundation organized an art

auction which was very profitable and enabled the Foundation to start building on a new operating theatre in the WGH. In 2009 the financial crisis was beginning to wear down on MUSTANGH, and revenues were scarce. Due to prior donations however, we were able to connect Canteen to the Damongo internet system, providing the WGH with a functional internet connection. In 2010-2011 we attracted a large sponsor who financed the medical studies of Mr. Saadaare Anlaagmen Vitalis for a period of four years. In 2011-2012, we offered medical training to a nurse, becoming a radiology assistant to help Dr. Kubio with echography and we donated a large sum of money to the maternity ward, education in neonatal resuscitation of the maternity ward nurses and a large neonatal care outreach program in the West Gonja District. In 2014-2015 we sponsored the second training of two radiology assistants. In combination with this we sponsored an ultrasound machine to provide the radiology assistants with proper equipment. In 2016-2017 the focus shift on education continued with the sponsoring of the training of a pediatric nurse and a physician assistant. Besides this we also sponsored an incubator, a long-term project of the last couple of years. We also helped Mr. Vitalis with his rent during his houseman ship. In 2017 the sponsoring of the car has been completed, we sponsored the master education of the physician assistant and we raised money for the education of two gynecologists who have started in September 2017, and for whom the expenses of the three year-long education are already covered. In 2017-2018 the focus was again on sponsoring education-related projects, namely the education of an anesthesiologist, still the gynecologists and the last year of the education of the pediatric nurse. The pediatric nurse completed her studies and will work in the WGH from now on. In 2018-2019 our gynecologists and anesthesiologist passed on to their second year of their studies. For the gynecologists there is still one year remaining, the anesthesiologist will soon be finished. At the end of this year we started a new project, namely sponsoring the education of a per-operative nurse. This will be the main focus for sponsoring upcoming year, since we already received (almost) enough money to pay for the original sponsor projects.

Table 1 and 2 - Overview of end of year balances since 2010

End of year balance (€)	2009-2010	2010-2011	2011-2012	2012-2013
Vault	253,54	170,00	460,71	375,95
Current account	5.605,98	3.918,85	1.302,81	7.898,17
Second account	-	-	-	1.197,54
Savings account	31.072,29	24.733,42	25.153,14	26.622,50
Total liabilities	36.931,81	28.822,27	26.916,66	36.094,07
Profit/loss		-8.109,54	-1.905,61	9.177,50

End of year balance (€)	2013-2014	2014-2015	2015-2016	2016-2017

Vault	270,00	272,00	270,00	270,00
Current account	5.836,47	6.976,57	6.912,68	4.269,18
Second account	708,65	1.111,79	3.038,52	3.705,53
Savings account	29.951,04	25.968,04	26.103,76	30.150,12
Total liabilities	36.766,16	34.328,40	36.324,96	38.421,83
Profit/loss	672,09	-2.437,76	1.996,56	2.096,87

End of year balance (€)	2017-2018	2018-2019
Vault	270,00	270,00
Current account	4.504,64	4.583,53
Second account	7.295,24	8.832,69
Savings account	34.758,25	25.719,72
Total liabilities	46.828,13	39.405,94
Profit/loss	8.406,30	-7.422,19

Table 3: Overview of financial year reports since 2008

	2008	2009	2010*	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016	2016-2017	2017-2018	2018-2019
Expenditure													
Foundation costs	171	1.036	922	1.064	866	274	922	740	683	543	1.268	732	702
Hospital	17.516	11.000	0	11.426	15.000	6.105	0	106	82.07	4.973	14.313	639	0
Education staff WGH	0	0	1.110	1.110	2.223	2.477	2.320	2.215	2.609	3.119	4.986	3.436	12.133
PR	1.251	616	509	6.277	1.045	1.880	1.218	3.665	5.732	1.066	699	688	759
Acquisition	-	-	-	-	-	-	-	-	-	-	194	25	0

Evaluation in Ghana	2.367	2.315	1.864	2.264	1.899	2.154	1.702	1.777	2.172	1.446	1749	1.982	2.314
MUSTANGH house	3.261	2.777	1.741	1.741	2.574	2.800	2.522	1.870	1.492	1.057	3689	885	2.091
Staff WGH	0	0	0	0	2.800	2.160	2.202	2.414	560	3.718	3240	12	31
Other expenditure	6.146	0	0	0	2.160	0	11	0	490	203	62	1.975	886
Total:	30.713	17.744	6.146	23.883	17.849	17.849	10.977	12.787	21.945	16.125	30.200	10.374 ***	18.916
Revenues													
Rent	700	2.088	1.600	3.098	2.155	1.419	2.416	520	1.297	1.519	3.167	3.532	3.858
Support UM	10.269	200	0	0	3.000	0	3.000	1.821	3.000	3.000	6.240	3.000	3.000
Sponsors	2.363	0	0	1.267	0	2.500	2.160	0	600	3.690	13.600	4.800	0
Subsidies	2.500	0	0	0	2.713	3.150	0	0	0	0	0	0	0
Donations	0	470	1.700	2.400	5.200	3.705	7.968	7.925	6.426	7.347	6.383	4.234	2.461
MUSTANGH's friends	1.438	1.385	795	1.300	1.005	915	928	845	1.190	1.268	1.543	1.430	1.315
PR activities	14.120	1.730	582	0	837	1.639	3.500	1.552	6.767	1.162	1.320	1.662	1.098
Intrest	0	0	0	0	661	420	219	229	227	136	46	6	3
Other sources of income	0	407	1.292	1.292	0	2.196	55	0	0	0	0	0	0
Total:	31.389	6.280	5.969	9.357	15.571	15.944	20.291	12.891	19.507	18.122	32.299	18.664	11.735
End of year balance	676	11.463	-177	14.526	-8.110	1906 **	9.313 **	104	-2.438	1.997	2099	8.290	-7.181

All amounts stated in whole euros.

** January 1st 2009 – August 31th 2010*

*** The amounts are incorrect and can partly be explained by the introduction of the second account in 2012-2013*

**** Please note that the last half year transaction (July 2018) to Ghana has not taken place yet, so this is not a good representation of our yearly costs. The transaction will take place in September 2018.*

Secretary

Website

The website has been updated completely. The committees and Board of Advisers have written an introduction letter, as well as the staff of the West Gonja Hospital and the new projects.

Social media

Since this year, there is a scheme for all of the Facebook posts to increase our activity and diversity. Besides, there is a MUSTANGH Instagram page since this year, which has been used a lot and has almost 100 followers.

Agenda and Calendar

There is a shared Google Agenda and a calendar for the board since this year to keep track of all meetings and (social) activities.

Email

The emails are colour-coded since this year to differentiate between emails for different board members.

Documentation

An external English policy plan and -annual reports as well as a more in depth internal Dutch policy and annual report are made each year. Apart from that there are different documents for the journey to Ghana, all the meetings with external parties as well as all the board meetings. These are stored on a professional Dropbox for convenience as well as continuity.

GDPR

In 2018 a new General Data protection Law was established within the European union. MUSTANGH strives to have our documentation in order and to adhere to all the different aspects of this law.

Education

In the academic year of 2018-2019 a group of students were sent to Ghana. In phase I two students went to Ghana to do their GEZP in the West Gonja Hospital. During phase II, again two GEZP students went to Ghana. Next to the GEZP student, a total of five internship of choice students went to Ghana. De internship periods are planned in a way that there are never more than four students in the MUSTANGH-house, so everyone has their own room.

Transition period

The transition period between the last head of education (2017-2018) and the one from 2016-2017 did not go too well. The transition documents (the transition protocol and the coursebook) were not complete and up to date. Furthermore, lots of emails were left unanswered. Because of this reason, one student did not hear from MUSTANGH a long time after she was accepted. At a certain point she was even doubting if she wanted to do this internship. Luckily, this was all fixed in the end. However, this kind of situations have to be prevented in the future.

This year the transition period between the last head of education (2017-2018) and the current head of education (2018-2019) went well. The current head of education could sit with a couple of meetings, for example a meeting to prepare a student for Ghana and one evaluation meeting. Furthermore, she went to the Leeuwenborgh College for an introduction meeting and she could sit with the interviews for the internships. This way, she could experience how everything works. A side note is that the transition of being responsible for students has to go smoother. For example; a couple of students came back during the summer holiday from their internship of choice and the evaluation meetings had to be scheduled. However, there was miscommunication between the last and current head of education, which resulted in meetings that were scheduled weeks after the students were back in the Netherlands.

GEZP and internship of choice in general

New head-assessor

Dr. Nelson was last year the new head of the hospital and also adopted the task of assessing the students from his predecessor Dr. Jonathan. The EPASS system was explained to him by students who were working in the hospital during 2017. The students who went this year to Ghana were really satisfied with the way of assessing by him. He made clear schedules, so there was always a doctor present to help the students. Furthermore, he introduced the concept of bed-side teaching to even more improve the learning process of the students.

Unfortunately, Dr. Nelson left the WGH last January, which as board was quite unexpected. He chose Dr. Bernard and Dr. Vitalis as the new head-assessors for the students. They could work with his EPASS account to fill in the different evaluation forms of the students. This all was going well, but in May the head of education received the news that everything was not working. Right-now they are trying to get the right login details from Dr. Nelson, so that in short term notice the evaluation forms can be filled in and validated. Besides this, the head of education is trying to get a separate EPASS account for Dr. Bernard from Exchange FHML.

Support

During all the evaluation meetings students are asked how they find the support by the Ghanaian doctors. This year, we only received positive feedback. The doctors are always available for questions or help, due to the schedule made by Dr. Nelson and now Dr. Bernard. The only feedback regarding improvement was that the doctors can be more elaborate in writing the feedback.

Coursebook

Last year the coursebook is severely updated by the last head of education, since she got the feedback it was really outdated. This year two GEZP students were asked to evaluate the coursebook which at the time of writing the year report is not implemented yet. Furthermore, it was a goal to mainly improve the layout of the coursebook, since a couple of steps should be made by structuring it. Unfortunately, the current head of education did not have time yet to improve this, but she will do it in the coming summer holiday.

Experience book

Last year the creative idea that took shape was to create a book where all the experiences of the students were collected. The treasurer bought such a book and created some general questions that could be answered while filling it in. The idea was that the head of education would ask the students who just came back from Ghana to answer the questions and send a nice picture. This could be then incorporated into the book and used at events to promote the internships you could do with MUSTANGH.

However, it is difficult to let the students answer these questions and also send in a nice photograph. Most of the time they are really busy when they come back to the Netherlands and this part is easily forgotten. We advise the next board to incorporate the questions in the experience report they have to mandatorily write for MUSTANGH. This way, we can still use the answers for the experience book.

Experience reports

We always ask students to mandatorily write an extensive experience report for the MUSTANGH website and newsletter. Last year we got the feedback from students that after their internship they do not have time anymore to write an experience report. This year, the head of education recommended the students to already start writing in Ghana, so they do not have to write it when back in the Netherlands. Also, she recommended placing photographs in the experience reports, so this can also be used on the website and in the newsletter. We advise the next board to make sure that during the preparation meeting it is stressed to start writing the report in Ghana and that attaching photos is really valuable for us.

Communication with students

In general, the communication with the students went well this year. After the summer holiday it was a bit unstructured, mainly because it was for the current head of education unclear which students would come back and have evaluation meetings scheduled.

Besides this, a car accident also happened this year in Ghana. Two of our GEZP students were in the car, together with four Leeuwenborgh students. However, we only got to know this after Exchange FHML received a message that something happened. This was extremely annoying, since we could not help on time and communicate with all the other parties involved. After this, there was a lot of mis- or non-communication with the students. For example; one student flew back to Germany without informing us or the university. It was very difficult to get in touch with them, because they were mostly reacting late or gave short answers. During the evaluation meetings with these students, this will be discussed besides the regular questions.

After this, a couple of agreements are made with Exchange FHML regarding the exchange students. Because we all would like to be informed when something happens to the students in emergency situations, we discussed the following. When MUSTANGH or IRO (International Relations Office) get a message from the hospital in Ghana or the students, we inform each other immediately. MUSTANGH can get in touch with IRO on a special telephone number that is written in the summary email. Furthermore, MUSTANGH will stress during the preparation meetings that if there is an emergency situation, that it is mandatory for the student to inform MUSTANGH and IRO. IRO will also communicate this to the students during walk-in hours and in the information documents placed on Student Portal. Besides this, an email is sent to the WHG about the emergency situation. The request is that the hospital should also inform MUSTANGH and IRO about these situations. We hope to get a better grip on emergency situations this way.

Communication with the WGH about arrival of the students

This year the communication with the WGH about arrival of the students went really well. Last year there was apparently some miscommunication a couple of times, resulting in a driver going to Tamale while there was no student waiting at the airport. No incidents happened this year regarding the pick-up of students. Furthermore, we keep on reminding Mr. Remy a week on beforehand that a student will arrive in Ghana. The number of the driver will be sent, so that this can also be sent to the students. This way, the communication in Ghana when arriving is way easier.

Promoting GEZP and internship of choice

General promotion

Last year, new education folders were being used for events to promote the different internships MUSTANGH provides. This year, we used these folders again for the different promotion events, like the exchange market for third year medicine students. Besides this, we also placed a promotion piece in the newsletter of MSV Pulse and the newsletter of the FHML. This year, less promotion was done via Facebook, mainly because we had more than enough people who were interested in MUSTANGH. We advise the next board to make the same amount of promotion as we did, and continuously seek for new opportunities to promote the internships.

GEZP information meeting

In December 2018 we could talk at the GEZP information meeting about the internships you can do with MUSTANGH. The head of education tried to contact different ex-GEZP and internship of choice students, but no one was available to help out that night. We discussed with the organisation if we could flyer afterwards, so we could still inform the students about the different possibilities. We were there half an hour before the end time. However, apparently it already ended 15 minutes before we arrived. Only a small group of students was left, but the majority already went home. We advise the next board to ask the organisation next year to flyer before the information meeting starts. Besides this, it is also important to try to get an ex-GEZP or internship of choice student to help out.

Exchange market

In April 2019, the vice-president, the treasurer and the head of education went to the exchange market for third year medicine students. On this market, third year medicine students can get information about the different possibilities to go for an internship to another country. Unfortunately, we could not get an ex-GEZP or internship of choice student to help us out, but we did have three really enthusiastic board members present. The advantage was that all three board members were third year students themselves and attracted lots of other students they knew. We met more than forty people that were interested in going to Ghana for an internship, which is a huge amount of people. We have the feeling that this was a great night for the promotion of the different internships MUSTANGH offers. We recommend the next board that, if it is possible, you send third year board members to the exchange market. This way, we are easier approachable for the students and reach a bigger group of students who are interested.

WESP and other internships

In the past, students went to the hospital for their WESP (participation in science) for medicine. Besides that, other possibilities were also looked at, like; GEZP paediatrics, internships for midwifery students and possible internships for health science master students. All these possibilities were discussed in a time when there was not yet much interest in GEZP and internship of choice possibilities for medicine students. However, in the last couple of years we have more than enough applications for the different internship MUSTANGH provides and the other opportunities moved more to the background. It is important to keep these possibilities in mind in times when there is less interest in the regular internships.

Leeuwenborgh College

This year four students from the Leeuwenborgh College in Maastricht went again to the WGH for a nursery internship. This internship is not provided by MUSTANGH, but it is provided by the Leeuwenborgh College itself. The students do stay in the MUSTANGH-house and they again had different sponsor activities to collect money for various projects in Ghana. The head of education, together with the vice-president, went to a preparation evening for the four Leeuwenborgh Students and their family. We gave a short presentation about MUSTANGH, and the students and parents really seemed to like it.

Last year the contact between the Leeuwenborgh and MUSTANGH was not that great. For example; there was miscommunication about how many students were going to Ghana and in which period they would stay. This year during the preparation meeting with Jack, clear agreements were made so the situation of last year would not be repeated again. Also, the complete rent had to be transferred before going to Ghana, because in the past we had trouble collecting the rent once the students were back in the Netherlands.

Unfortunately, as mentioned before, a car accident happened this year where all four of the Leeuwenborgh students were involved in. The Leeuwenborgh College decided after a couple of days to fly back the four students and end the journey in Ghana. This was mainly because one student needed surgery in the Netherlands for her wrist and another student was suffering from post-traumatic stress disorder. Once back in the Netherlands the current head of education went with the coming head of education to the Leeuwenborgh to discuss the situation. Unfortunately, the Leeuwenborgh College has no financial means to cover for the trip in the coming year and there are less students interested, because of the incident that happened. Therefore, we decided together that if in the future people want to go again, there is always a possibility to discuss this with MUSTANGH.

Update for the board

As described in the policy plan of MUSTANGH, the head of education will give an update about the students in Ghana every board meeting for the rest of the board. The board experienced this as useful and interesting this year, so we recommend the next board to do the same.

Public Relations

The main goal of the PR commissioner is to increase awareness of MUSTANGH among students together with the PR committee. This year we chose to focus on the students of the FHML and to not expand to other faculties, because the FHML students are our main target audience with probably the most interested people. In the future the PR can choose to expand the promotion to other faculties.

Internationalization

The majority of studies at the FHML are in English and therefore it is important for MUSTANGH and the PR to focus on internationalization. During the recruitment for new members of the PR committee in September, we also focused on Biomedical Sciences (BMS) and International Track Medicine (ITM). There were no English-speaking applicants. Last year we had an international member. She stayed this year (2018-2019) for the first half of the year. She could understand Dutch very well, so we decided to do the meetings in Dutch. She could then reply in English. In all activities throughout the year, we did the promotion in English and Dutch. In the Africa week there was one general poster that was in English. Certain activities like the Publecture and Pubquiz were not possible in English. This was clearly stated on the Facebook event. In the future we want to continue to recruit students in English studies and promotion for events in both languages (Dutch and English).

Collaboration with other associations

In the beginning of the year the goal was to collaborate with different associations in Maastricht for our activities. In that way, we wanted to reach more people, enlarge the attendance on activities and by so enlarge the awareness of MUSTANGH. We wanted to build a stable base with the associations to maintain collaboration in the future.

IFMSA

The idea was to collaborate with IFMSA during their tropics course to organize a Publecture. This year the tropics course was canceled. This is why we did not see a good possibility this year to collaborate with them.

AIESEC

This year, two weeks before the Africa week, a skype meeting took place with AIESEC. They were enthusiastic to work with us. For the activities in the Africa week was everything already arranged, so they couldn't really help us with that anymore. For the Publecture, we decided to cooperate with them. We sent them an e-mail, but they did not respond to this.

MSV Pulse

This year we wanted to take care of a few cloak rooms during their UNS40 party and some other activities of M.S.V. Pulse. Unfortunately, they were not enough PR members who could attend the UNS40 party. Pulse itself asked us if we could arrange the cloak room for the Medicine gala. We decided to not do this, because the PR members wanted to go to the gala themselves. We did contact the Cantus committee of Pulse. They helped us with the cantus during the Africa week. The collaboration went smoothly.

S.V. Koko

During the Africa week we held a cantus at S.V. Koko. De communication went smoothly between the commissioner of management of Koko and the PR commissioner. There was a bit of miscommunication about sharing the event in the Facebook group of Koko and about the piece we could put in the newsletter. Because of this the promotion for the S.V. Koko members was not sufficient enough, what led to only a few Koko members attending the Cantus. There were only four people of Koko attending the cantus. Renting the party room was free, because it was for a good cause.

UM Sports

In the beginning of the year the plan was to organize a Dancehall in cooperation with UMSports. We contacted Samantha Crans of UM Sports for that. De PR-commissioner, a PR member and Samantha came together to discuss this. In the time after this, she replied quite late to e-mails. Unfortunately, because of absence of her colleagues and her own absence, we didn't succeed in organizing the Dancehall this year. The Zumba lesson at UM Sports during the Africa week on the other hand, was again a great success.

Saurus

We wanted to organize a canteen at S.V. Saurus on the Monday of the Africa week. Saurus is an association with many canteens throughout the year. The communication went via the Acquisition commissioner who is a member of Saurus. This wasn't the best option. In the end, the canteen night did not work out because there already was an event at Saurus that night.

Africa week

The Africa week is all about getting more people to know about MUSTANGH and presenting MUSTANGH to the students. Below all the activities are described. Besides these activities, there was a lottery where students and people who work at the FHML could buy tickets for €1. We also sold small Tony Choclonely bars and people received free lolly's if they liked our Facebook page or followed us on Instagram. Overall the Africa week was again a success.

Walk-in drinks

As stated above, the walk-in drinks was a last-minute organized activity. We opened up the MUSTANGH room in the afternoon for students who wanted a drink. We decorated the room and had a speaker with some Ghanaian music. Sadly, it wasn't a big success. There were only two people who came besides MUSTANGH. Nevertheless, we had fun and it was a good back-up activity.

Pubquiz at La Familia

On Tuesday evening we organized the Pubquiz at La Familia, which takes place there weekly. This activity has been organized for a few years and always works very well. The owners now know us, so the arrangement went smoothly. Because the Pubquiz at La Familia takes place every week, there are always a lot of regulars. This is not really our target group. That's why we promoted the event on the FHML with posters, a Facebook event and flyers. MUSTANGH was allowed to adjust two questions per round and on the evening itself the PR took care of presenting the quiz. We were allowed to sell lottery tickets during the break. The people

really liked this and we sold a lot of tickets. The pubquiz was very crowded and everyone was really enthusiastic. Overall it was a very successful activity.

Zumba at UM Sports

The Zumba with MUSTANGH took place on Wednesday afternoon: a Zumba class at UM Sports with an African touch. This activity has been organized for a few years in a row and is a success every year. MUSTANGH joins a regular Zumba class that is given by the employees of UM Sports who will give an African touch to the class especially for MUSTANGH. We also had a stand in the UM Sports hall to explain to people what MUSTANGH is / does and to sell Tony chocolate bars, cantus entrance tickets and lottery tickets. A few MUSTANGH members participated in the Zumba class with MUSTANGH shirts and stickers on them. We also put MUSTANGH stickers on the shirts of the participants for extra promotion. Before the class, a little talk about MUSTANGH was given. This is important for the people who come to this class every week to know this class is for MUSTANGH. In terms of promotion, we had a stand in the hall where we explained to people what we do, sell lottery tickets and Cantus tickets. Last year there were bottles of water handed out this year. That wasn't a success, so we did not do that anymore. UM Sports helped us with promotion by sharing the event on Facebook and with a message in their newsletter.

Cantus

On Thursday we organized a cantus at S.V. KoKo. This was the first time that MUSTANGH did a cantus. The arrangements were made via the board member of the Committee for Management (CtB) of S.V. Koko and went well (see above). We used a registration system via a Google Docs document in advance and students could also buy a ticket at the stand. Because there were only a few tickets sold, we decided to have people pay at the door on the evening itself. Unfortunately, there were not many people at the cantus, four external students came. This night there were a few other activities organized by other study associations. This could have led to few people coming to the cantus. The cantus committee of Pulse helped by arranging two presidency people, making the cantus booklets and bringing them to the printer and giving us tips about a cantus during an interview. Prior to the cantus, the MUSTANGH members ate fries on Koko at a table. This was a nice start to the evening and also bonding the members together. The cantus was not a great success despite all the effort and time we put in.

Lottery

The PR organizes a lottery every year during Africa Week. The lottery was a great success again this year, hundreds of tickets were sold. A few months before the Africa Week, the PR members went into town to recruit as many prizes as possible. This year more than 20 prizes were collected. The tickets were sold to students and to people who work at the offices in the university. Since this year, MUSTANGH also has a little ATM machine. This makes it much easier to sell lottery tickets.

Like for a lollipop

We placed a large pot of lollipops at the stand in the Mensa. People who came to the stand could like our Facebook page or follow us on the new MUSTANGH Instagram page and receive

a free lollipop for that. This works well to get more likes and followers on our social media channels.

Tony's Choclonely

MUSTANGH sold chocolate two years ago during Africa Week. This was a success back then and we wanted to try this again. After sending an e-mail to the head office of Tony's Choclonely, we received a discount code with which we could purchase a large number of small bars for a lower price. 200 were ordered and they were sold per piece for € 1.5 and per 2 for € 2.5. There were only 50 left at the end. So, they really liked it and quite a bit of profit was made. We did get the tip to stick stickers on the bars for extra promotion.

Other activities

Merry MUSTANGH

The first major activity of the year was Merry MUSTANGH which took place in December. Students could look for small Christmas balls on the FHML all day and bring them back to the stand in the Mensa. The three students with the most Christmas balls won the 1st, 2nd and 3rd prize that we had purchased. At this stand, we also sold mini Christmas cakes for € 1. About 15 students participated in the search. The mini Christmas cakes were a little less successful. At first, the idea was to sell hot chocolate, but unfortunately this was not allowed since everything that can be sold must be separately packed. It was an easily accessible activity without too much preparation time.

Publecture

The PR organized a Publecture in May. We recruited two speakers who wanted to voluntarily give a chat in a pub and who had experience working in the tropics: Peter Reemst (surgeon and tropical doctor) and Geraldine Beaujean (tropical doctor). We also tried to let a former GEZP student do a little chat by emailing them, but this did not work. That is why the two board members who have been to Ghana this year have been asked to give a little introduction to what MUSTANGH entails and experiences of the Ghana trip. The publecture took place in the Au Mouton Blanc because renting the room was free and there was a screen with sound. It was decided to keep the entrance for students free of charge. The evening was also in Dutch. The room was crowded and the speakers enjoyed it very much. Afterwards we also received good feedback from the speakers and we thanked them with small gift. It was a very successful activity.

Handing out ice creams at the university

At the end of June, the PR distributed ice creams with a MUSTANGH sticker at the university in exchange for a like on Facebook or following us on Instagram. This is a simple activity with very little preparation that is suitable for the end of the year.

Pubquiz in den Ouden Vogelstruys

Just like last year, we again took over the Pubquiz in den Ouden Vogelstruys for one evening. MUSTANGH was allowed to keep half of the registration fee of € 2. We were allowed to change one round into a MUSTANGH round in which we asked ten questions about Africa /

Ghana / MUSTANGH. We were allowed to organize a small lottery during the break. For this we bought three small prizes. In the end a nice sum was collected and most of it was actually done by den Ouden Vogelstruys themselves.

Promotion

Also, this year the PR has used Facebook a lot for the promotion. We did this by creating events for the various activities and regularly sharing these in the Facebook groups of the various studies. For the Africa Week we have made one general poster and no separate poster for each event. We have created a Facebook event for each individual event with a self-designed banner. The Instagram page is new since this year and has also been used a lot this year. Mostly by posting messages and also putting photos in the story during an event or before. For each activity we gave lecture talks at medicine year 1 and 2, ITM year 1 and 2 and BMW year 1 and 2. We tried this for Health Sciences, but we did not succeed. For the Africa Week and Publecture, we handed out flyers at the start of lectures in the same years and studies. The flyer for the Afrika Week was in English, the one of the Publecture in Dutch. For every activity, there were posters designed by the PR. These were printed at the university and then distributed everywhere on the FHML.

This year we will be standing on the information market of the Faculty introduction day (FIC) of Medicine. Because there will be a lot of new students, this is a very important event for MUSTANGH. This year too, MUSTANGH will not be on the INKOM because the costs of a stand are too high and this is not necessarily our target group.

We handed out pencils at the last two VGT's this year. There were no other associations distributing pencils at the time, so it was good that we had chosen the last two. The PR wore a MUSTANGH shirt for each activity and the board members, including the PR commissioner, wore the board jackets. We have also placed the banner everywhere and other promotion material, namely the stickers, pencils and pens, and the English and Dutch leaflets.

Member recruitment

In September we started the recruitment of members for 2018-2019 with lectures, Facebook promo and two walk-in days in the MUSTANGH room. The lecture talks were given for both Dutch and English studies. For the year 2019-2020 we started recruiting new committee members for the summer holidays at the end of May with only Facebook promo and a walk-in day.

Acquisition

Well prepared sponsor recruitment

Once again this year, the acquisition committee wanted to be well prepared for the recruitment of sponsors. This task started a little later in 2018-2019, as there was still a need for new committee members. The head of Acquisition has tried to prepare the committee on sponsor recruitment as well as possible in several ways. To start with, the head of Acquisition explained step by step how to write a proper letter with a sponsor request for companies or foundations. The explanation was in consultation with the previous head of Acquisition (2017-2018) and based on the experiences of previous acquisition committees. Based on this explanation, several letters were created. These were then placed on the Dropbox. Since it was the intention that MUSTANGH should orientate itself more internationally this year, in addition to Dutch letters, English and a German letter were also created. Finally, the committee has tried to join fundraising workshops as much as possible. Unfortunately, realizing this goal was very difficult, as these workshops often took place in exam weeks and were on the other hand often really expensive as well. Because of this price and the purpose of MUSTANGH (full transfer of sponsored money to Ghana) we have chosen not to participate in these expensive workshops anymore.

Sponsorship projects for gynaecologists

The gynaecologists were sponsored by several companies in the year 2017-2018:

- Elisabeth Strouven;
Is located in Maastricht and most often helps projects that are located in Maastricht as well. They support social development and have already supported MUSTANGH financially several times before.
- Debman Foundation;
Supporting projects in Ghana that focus on health and medical aid.
- Hofstee Stichting;
Support development projects of Dutch organizations in third world countries.
- WM de Hoop Stichting;
Supporting projects that are aimed at the welfare of fellow human beings.

It was expected that these donations would cover the training. However, this is not the case as the training courses have been more expensive than expected. As a result, other donations from the following activities were also used to sponsor the gynaecologists:

- Preuvenemint;
Annually, the Struyskomitee organises a big food festival. The mission of the food festival is to raise as much money as possible for one main purpose that is determined each year. At the same time, there is money raised for several smaller foundations as well. MUSTANGH was chosen to be one of the smaller foundations in 2017 and eventually received 1,000 euros.
- Christmas letter;
See 'Christmas letter' for an explanation.
- Maastricht University;

MUSTANGH has received 2,000 euros from the university. This money was donated by an anonymous professor.

It turned out that after all this sponsorship, the amount was still not enough to pay for the entire study programme, as the study programme proved to be more expensive than expected. In 2018-2019, MUSTANGH has chosen to pay the remaining amount of our saved sponsor money.

Sponsor project Anaesthesiologist

In 2017, Emmanuel Tabi started his training as an anaesthetist. No sponsorship had been received for this project yet. It turned out to be difficult to find some as this doctor had already started his training and often foundations do not finance projects after they have already started. It is therefore important that in the future the aim is to complete (a part of) the sponsorship before the start of a new project. In 2018-2019, we therefore asked for sponsorship for the second year of Tabi's study as this had not yet started. Numerous letters were sent and we gave a promotion/sponsorship talk at the anaesthesiology department of the MUMC+ (due to the similarities of this department and our project).

The first year was sponsored by proceeds from:

- A Brocante sale;
Comparable to a flea market where the seller donated 700 euros of the proceeds to MUSTANGH.
- Part of the 2,500 euros raised by the GEZP students during the benefit evening was used to sponsor the remaining amount of the first year.

For the second year, 500 euros have been raised by Maastrichts Mooiste. The remaining amount is paid from the proceeds of the Christmas letter (see below) and the Christmas packages (see below).

Internationalization

In the year 2017-2018, the Fund Book was used for finding foundations and companies to approach. This was a great success at the time, but unfortunately this book had been used too much to get data from it for another year. In addition, the 2016-2017 annual report described that there was no need to purchase a new Fund Book, as it would include roughly the same foundations. The agreement was therefore to only do this every five years. In 2018-2019, therefore, the main use of the Internet was to write to new foundations and companies. In particular, sections of companies and foundations that had common ground with MUSTANGH's goals and ongoing projects were approached. In 2018-2019 it was decided to look for sponsors internationally. The acquisition committee had the opinion that it was a good idea to first start with the closest countries and expand in the future. During this year the focus was therefore on the countries: Germany, Belgium (Dutch and French parts), Luxembourg and England.

Different types of activities

We have stuck to the idea of not organizing events ourselves as an acquisition committee, but to join larger events. Even this year we approached the Preuvenemint, because they made a donation to MUSTANGH in the year 2016-2017. Unfortunately, we have not heard from them since then.

Furthermore, we have approached the following initiatives:

- RAGWeek;
For one week, a student board organizes various activities in order to raise money for a charity of their choice. They support multiple causes in different categories (national, international, etc.). RAGweek exists in Maastricht, but in several other cities as well.
- Night of the tip;
It takes place in 12 cities, including Maastricht. The money raised during one night and one day is donated to a charity. This is also organized by a student board.

Just like last year, we did not receive a response from either organisation. Last year it was recommended that in addition to contacting the organizations by e-mail, we could also contact the organizations through acquaintances. This is something we've tried this year. Unfortunately, these people could not help us any further.

In terms of prizes, Albert Schweizer was approached as well. This is a fund that annually awards a prize and a sum of money to student initiatives that support a project in Africa. Our foundation was very positively received, but unfortunately did not make it to the next round. However, the foundation wanted to sit down with us to see what other possibilities there were for a cooperation.

We also made an attempt to become one of the 20 chosen charities at NRC Handelsblad so MUSTANGH, as a foundation, could get a piece in the magazine for promotion. This was an action organized by the NRC Handelsblad itself. The selected foundations were given a private space in the newspaper for one week in which their projects could be promoted. Unfortunately, we were not chosen, but it is certainly wise to keep trying similar initiatives.

Finally, we focused on contact with different departments of the MUMC+. For example, we gave a pitch at the Department of Anaesthesiology. We were received very enthusiastically here. Employees were given the opportunity to subscribe to our newsletter or let us contact them for possible sponsorship. However, the department itself has lost listed data from the staff. As a result, MUSTANGH could no longer access this information after the pitch.

Maastrichts Mooiste

In the year 2016-2017 Maastrichts Mooiste was contacted to ask if we could organize something with their help for MUSTANGH foundation. The only thing that was possible, was that MUSTANGH itself set up a team that runs along with Maastrichts Mooiste. This was also done in the year 2017-2018. In 2018-2019 it was decided to continue this. A new poster has been designed: this time focusing on a more 'info-graphic layout'. The poster has been hung in various spots at the university. It has also been spread in various sports centres and sports

shops in Maastricht. The acquisition committee has created a Facebook event as well, in which the poster has been shared again. Finally, they made use of their connection with UM Sports and projected the poster over there on the digital boards and published it in their newsletter. In 2018-2019, MUSTANGH was again provided with a stand by Maastrichts Mooiste for free.

Maastricht University

One of the tasks of the acquisition committee is to establish and maintain formal contacts. This year we have asked for advice on sponsorship recruitment and establishing contacts with the MUMC+ at several heads of the university, as this has resulted in good advice in previous years.

This year we gave a pitch at the department of Anaesthesiology. Here we were received very enthusiastically and spontaneously. There was also a conversation with Dr. Salwan Al-Nasiry (Gynaecology). This doctor was very positive about MUSTANGH and gave approval for a chat at the department in 2019-2020 and also various possibilities for sponsorship. He also referred us to paediatrics, where a pitch was scheduled as well. Through VCMS we came into contact with the paediatric surgery department. In this department we have already planned a pitch for the year 2019-2020.

In addition to the discussions at various departments, we had a meeting with an orthopaedic surgeon. She had good connections with the foundation of the St. John Hospital of God. This hospital was also located in Ghana. The foundation worked in about the same way as MUSTANGH (by financing training). Through this surgeon we came into contact with this foundation and planned a meeting with the board of this foundation. It has been decided to look for further cooperation in the future. To start with, someone from the foundation St. John Hospital of God will join MUSTANGH's RvA.

Permanent Friends

At the beginning of this year, the idea arose to make contact with the MUMC+, and especially with the anaesthesia department, in order to be able to give a pitch during a meeting. The purpose of the pitch was to recruit friends among the anaesthetists. As described above, we were received very enthusiastically, but unfortunately we were not able to recruit new Permanent Friends.

This year we also distributed the Christmas letter in the MUMC+. Both doctors and patients were very interested. The acquisition committee thinks that these Christmas letters have certainly contributed to increasing the knowledge about our organization.

Finally, we still offer Permanent Friends the opportunity to sign an ANBI contract. This is a 5-year contract in which an annual donation is made and on which tax deductions can be made, making it more beneficial for a company or individual. However, this ANBI status was not used by people because there was no interest in becoming permanent friends. It is good to keep ANBI contracts in mind for next year and to mention that people/companies can benefit from this.

This year, the acquisition committee has pointed out the importance of clearly displaying this on the web, so that sponsors will know about this benefit much earlier.

Medical equipment

We still do not send medical equipment to Ghana as it is difficult to ship it and most manufacturers are not based in Africa. Because of the latter, repair will be difficult to realize. Also, this does not fit with the sustainable improvement of health care that we hope to achieve as a foundation. However, this year a gynaecologist (Dr. Siebert) who wrote from a German NGO offered to donate CTG's (a device to monitor the condition of a foetus) to the West Gonja Hospital. We plan to send this to Ghana as they will also arrange transport and provide training at the device for the nurses and doctors who will be working with it. However, this will only happen when there are also gynaecologists present who can use the device. This will most likely be the case in 2020, when Dr. Jonathan and Dr. Anthony have finished their studies. It is therefore important that the board of directors of 2020 contacts this organization again.

Protocol after sponsorship

Previously, it was not clearly agreed what the steps are that are taken after a sponsorship. Since the contact with sponsors must be well maintained, the protocol after sponsorship is important. The head of Acquisition will have a leading role in this. In addition, the secretary also plays an important role. This protocol can be found in the Dropbox under 'Acquisition'. In general, it means that the secretary is responsible for a message on Facebook, adding the sponsor to the newsletter and putting the logo on the site. The acquisition commissioner for the thank you email and the update of the project. In 2018-2019 this protocol was adapted and improved. From now on, the AvG law has also been taken into account and thus the preservation and publication of data of sponsors.

Sponsorship overview

As of the year 2018-2019, an online excel file has been created on the Dropbox, in which is accurately described which foundation or company has been approached, when and by whom. Also, the status of this company in terms of response is accurately recorded. On this basis, the companies sponsoring in the past can also be found, so that they can be updated.

Contact rotary

During the beginning of 2018-2019 the contact with the Rotary Maastricht has always been through Robyn Jansen. However, this was difficult and unhandy. It was therefore decided to transfer the contact details to Sophie van de Walle. This did the contact very well. MUSTANGH has been invited to pitch on the 4th of June.

Christmas letter

The Christmas letter was again designed by the acquisition committee this year in collaboration with the head of Acquisition. The Christmas letter contains a Christmas wish and an explanation of MUSTANGH Foundation. People, according to the Christmas spirit, were able to make a donation to MUSTANGH via the data on this letter. The Christmas letters have

been printed at the university again, since MUSTANGH is able to print them for free. Because of this we were sure that we wouldn't lose money.

The layout of the Christmas letter has been changed to a more info-graphic style. We also used a (short) English piece, so that English speakers could get an idea of the meaning of the letter. Each member (board and committees) delivered 50 letters in their own environment (via Whatsapp agreed where). The head of Acquisition, together with some acquisition committee members, also personally distributed letters in UNS50 and the MUMC+. This is certainly recommended to do again since the people in UNS50 reacted very enthusiastically and also got to know MUSTANGH better. Therefore, it is good to continue to promote at UNS50, and possibly extend this to other offices (e.g. in UNS40 and 60). The Christmas letter this year yielded a nice amount of sponsorship (around 200 euros).

Pitch training by Thijs Geraedts

Thijs Geraedts was very busy this year, so it was not possible to schedule a training with him. However, the head of Acquisition was able to use the information from the workshop the year before to write a pitch, so that the pitch still met all the requirements. This pitch was then used again and again during talks or in support of guidelines for letters.

Organisation members 2018-2019

Board

- **President:** Fauve van Veen
- **Vice-President:** Laura Cammaert
- **Treasurer:** Maud Cox
- **Secretary:** Julia van den Brink
- **Head education:** Kirsten Waanders
- **Head public relations:** Véronique Hulsmans
- **Head acquisition:** Sophie van de Walle

Acquisition committee

- Head: Sophie van de Walle
- Christian Collaert
- Peggy Ummels
- Amber Koning
- Soe Welters
- Charlotte Wiersma

Public relations committee

- Head: Véronique Hulsmans
- Lizy van Eijk
- Martha Spronk
- Rebecca Bulaman (eerste semester)
- Esmée Vaes
- Djura Knoll

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